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Tuesday, September 18, 2012



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Mourners pay respects as Lougheed lies in state

Tribute. Family of former Alberta premier has said it will hold a private funeral, but a public memorial service is being planned

Mourners have begun to file past Peter Lougheed's flag-draped coffin at the foot of the grand staircase in the Alberta legislature's rotunda.

Half of the casket is covered with the Canadian flag and Alberta's provincial flag lies over the other half.

Lougheed has been remembered since his death as a champion for Alberta, but also as a politician who cared deeply about Canada.

Sons Joe and Stephen Lougheed, as well as granddaughter Kathleen, are accepting condolences on behalf of the family.

RCMP officers and provincial sheriffs, heads bowed, are sharing the duty of standing guard as mourners file past.

Lougheed is to lie in state

'Embodiment' of new West movement

How he shaped Saskatchewan

Peter Lougheed, former premier of Alberta, passed away Sept. 13, and although he was leader of Saskatchewan's provincial neighbour, he influenced the province in a number of ways.

According to Jim Farney, an assistant professor at the University of Regina's department of political science, Lougheed was the "embodiment" of the new West movement that helped shape Alberta and

Saskatchewan.

"He and Allan Blakeney, the premier of Saskatchewan, had their differences, but they both really were strong voices for Western Canada," said Farney.

"One vision of the time was the Quebec sovereignty idea, one vision was Trudeau's very centralized federation — Blakeney and Lougheed put forward this vision of a Canada made up of strong provinces."

Farney said Lougheed was able to "present a new vision of what Western Canada could look like."

MORGAN MODJESKI/METRO

for two days.

A motorcade accompanied the body of the former premier as it was brought from Calgary to Edmonton on Sunday.

Lougheed, who is widely credited as being one of the most influential leaders in the province's history, died in

hospital in Calgary on Thursday at the age of 84.

He led the Progressive Conservatives to victory over the long-governing Social Credit party in 1971 and remained premier until 1985. The Tory party has remained in power ever since.

THE CANADIAN PRESS



The body of former Alberta premier Peter Lougheed is escorted by RCMP on Sunday into the Alberta legislature in Edmonton where he will lie in state until Tuesday evening. Lougheed, 84, died Thursday.

JASON FRANSON/THE CANADIAN PRESS

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NEWS 1

Public hearing

Iconic Broadway Ave. approved for rezoning

Rezoning of one of Saskatoon's most iconic streets, Broadway Avenue, was approved at Monday's council meeting despite mixed opinions from stakeholders in the area.

The public hearing, which has remained open since council's last meeting on Sept. 4, wrapped up after a number of people from the community came forward with praise and problems, but in the end the motion passed.

The rezoning is part of the implementation of the Broadway 360 Development Plan, which gives the city architectural control over aspects of new buildings like height and material, in hopes of creating a "coherent, harmonious and appealing urban environment," according to council documents. Renovations to buildings funded by the city also fall under the new requirements.

Sarah Marchildon, executive director with the Broadway Business Improvement District, said she was pleased with the decision.

"As the Broadway BID, we're definitely excited to see the successes of the five years come together," she said. "The plan has room to keep and maintain and nurture what Broadway already has come to grow into."

Robin Riehl of Fortress Properties Inc. said these controls could have negative effects on Broadway in the future, saying he thinks they could deter developers. "I know the way Broadway as you see it now was achieved through a free market in land development and loose or non-existent zoning — so this is the opposite direction from what created Broadway in the first place," Riehl said.

MORGAN MODJESKI/METRO

Mobile news



Qriket

As Zellers closes its doors, the company has put Zeddy the mascot up for grabs. Scan the code to watch what the famed bear has to say about the situation.



The Federal Electoral Boundaries Commission for Saskatchewan, from left, Dr. John Courtney, Ronald C. Mills and David Marit. The commission will be travelling across the province, consulting the public regarding new federal electoral boundaries. JEFF MACKEY/METRO IN REGINA

Electoral map up for revision

Consultation. Commission is conducting a tour across Saskatchewan through Oct. 5



JEFF MACKEY
Metro in Regina

Saskatchewan's electoral map may be in for an extreme makeover — and MP Ralph Goodale says changes will help iron out constituency conflicts.

"It's awkward when boundaries of a constituency almost set up an internal conflict of interest," said Goodale, MP for Wascana. "One part of the riding wants to go in one direction and the other wants to go

in another."

The Federal Electoral Boundaries Commission for Saskatchewan met Wednesday at the Ramada Hotel in Regina to discuss proposed federal electoral boundary changes.

The hottest issue of the consultation was the proposed removal of many ridings with an urban-rural split, such as Goodale's Wascana riding, which includes a part of Regina and a large rural area.

Currently, Regina and Saskatoon are each split into four separate, predominantly rural ridings.

At the consultation Monday, many voiced their displeasure with the plan.

"I think having a balance of representation for any given area and in a member of Parliament is a healthy thing," said

Bruce Evans, mayor of White City, Sask. "I think it's important to have some diversity in the views expressed by our MPs."

Under proposed changes, Regina will have two purely urban ridings and Saskatoon will have three. Goodale says the new changes are more fair and balanced.

"There has been a significant growth in population in Saskatchewan and it tends to predominate in the two largest cities," said Goodale. "At the moment, seats in Saskatchewan are stacked 14 to nothing against urban voters, which is obviously not fair or realistic."

The Regina meeting was the first in a tour the commission is conducting across Saskatchewan, ending in Saskatoon on Oct. 5.

Research poll

Tory support up in Prairies

A new Nanos Research poll has the federal New Democratic party and Conservative party neck-and-neck, but in the Prairie region Conservative support is taking off.

Released Monday, the new poll surveyed 1,000 Canadians across the country, and the findings show that nationally 32.4 per cent would vote Conservative but that in the Prairies the number is at 48.6 per cent while the NDP sit at 18.4 per cent.

According to Joe Garcea, the head of the University of Saskatchewan's department of political studies, a number of factors could contribute to the gain in support, noting the Liberal's lack of presence in the province and NDP Leader Thomas Mulcair's stance on the energy sector could be factors.

JEFF MACKEY/METRO IN REGINA

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Growing more than grains, Saskatchewan Innovation Week highlights the province's handy inventions and smart ideas

JANE CAULFIELD
jane.caulfield@metronews.ca



Cobalt bomb

Built in 1951, the cobalt bomb was invented to heal, not hurt. Thought up by a team of U of S researchers, including renowned scientist Sylvia Fedoruk, pictured, the machine provided the first round of successful radiation treatment to cancer patients.

5

Sask.-made innovations

Medicare

Under the direction of then-premier Tommy Douglas, Saskatchewan became the first province to offer its people free public health care in July of 1962 — paving the way for universal health care across the country.



ATM and debit cards

Saskatchewan credit unions were the first to implement both the ATM, in 1977, and the debit card, in 1982. Initially, service at the first two ATMs in Regina provided service for 18 hours a day only.

Air-ambulance service

Here, a helicopter pilot stands next to a STARs Ambulance helicopter. Air-ambulance service started after 26-year-old RCAF pilot Keith Malcolm heard about Australian pilots flying doctors to patients and decided to flip the idea around. Armed with only a flight nurse, the first civilian air-ambulance flight flew patients to doctors in 1946.



Symons oil can

Known for its long spout, Ernie Symons of Rocanville, Sask., invented an oil can that allows users to get at hard-to-reach areas on farm equipment and machinery. The can's design is still in use today and is still being mass-manufactured in Rocanville.



Province's creative ideas celebrated



Dr. Ernie Barber, dean at the College of Engineering at the University of Saskatchewan, addresses the crowd at the kickoff event for Saskatchewan Innovation Week. CONTRIBUTED

JANE CAULFIELD
jane.caulfield@metronews.ca

Saskatchewan is often associated with wheat and potash, but Saskatchewan Innovation Week aims at promoting inventive ideas from the province's most creative thinkers.

"It's important so that people are aware of what's been done and what's happening in Saskatchewan," said Saskatchewan Innovation Week co-chair Lesley McGilp.

"We're hoping to incite

innovation in our city."

The weeklong conference was originally brainstormed during discussions at the University of Saskatchewan College of Engineering about how to celebrate its centennial.

Michael Robin, communications specialist at the U of S and a member of the week's organizing committee says that innovation has roots in many departments and schools in the U of S.

"Right from the very basic to the cutting edge in smartphone technology,"

said Robin.

Echoing Robin, Joan Champ, executive director at the Western Development Museum, said that the province has been generating new inventions for decades.

"The big reason Saskatchewan is so resourceful and innovative is out of necessity," said Champ.

Champ said that understanding the history of Saskatchewan inventions can be inspirational for today's innovators.

"Putting things in a historical context shows a real

legacy of innovation in Saskatchewan ... a lot of things come from the past," she said.

This week, the museum is releasing a digitized index of over 3,000 patents made in Saskatchewan between 1905 and 1976, when the government stopped collecting address information with patent applications.

A number of events happening every day this week around the city, and people are encouraged to participate and to check out saskinnovationweek.ca.

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Occupy protesters take part in a rally on Parliament Hill in Ottawa on Monday, returning on the one-year anniversary of the movement. See the photo gallery online at metronews.ca. SEAN KILPATRICK/THE CANADIAN PRESS

Conservatives welcome NDP with 'bald-faced lie'

Parliament resumes.

Harper joins in on carbon tax tirade against opposition leader

Canada's parliamentary engine sputtered back to life with a hyper-partisan bang Monday as the Conservatives sought to tarnish New Democrat Leader Tom Mulcair by accusing him of planning to impose a carbon tax on unsuspecting Canadians that the NDP has never proposed.

Even Prime Minister Stephen Harper got in on the act, demonstrating that a three-month summer break has

Rebuttal

"The NDP's top priority is the economy. The Conservatives' top priority is making things up about the NDP."

NDP Leader Tom Mulcair

done little to soften the Conservative government's go-for-the-jugular partisan instincts.

Harper, his ministers and his backbenchers repeated at every opportunity their tirade against Mulcair's alleged carbon tax proposal, disregarding the fact that the NDP has never actually proposed a carbon tax.

Indeed, Mulcair and his

predecessor, Jack Layton, have proposed a cap-and-trade system to reduce greenhouse gas emissions — a proposal Harper himself championed for several years before dropping the idea.

At no point did the Tories ever refer to their own proposal as a carbon tax — but now, it seems, they're not about to let facts get in the way of a good partisan attack.

"Cap and trade or cap and tax, a price on carbon is a tax on carbon. That makes it a carbon tax," asserted New Brunswick MP John Williamson.

Mulcair refused to respond to the attacks on his supposed carbon tax plan — an assertion he's described as a "bald-faced lie." **THE CANADIAN PRESS**

Non-conviction records

Background checks tainting thousands

Thousands of Canadians are being unfairly and often unwittingly tainted by information contained in police background checks, a prominent civil liberties group said Monday.

The result is that people are denied employment or run into a host of other problems, according to the Canadian Civil Liberties Association.

At issue is the disclosure of "non-conviction" records — information about an investigation, arrest or charge that did not lead to a conviction.

THE CANADIAN PRESS

Fetal rights. Tory MP says abortion case law not clear enough

The Conservative MP seeking to re-open debate on fetal rights and abortion says it should be up to Parliament to resolve an issue the courts "left open."

But Kitchener MP Stephen Woodworth said he is not optimistic he will get the 50 per cent necessary to pass a motion he sponsored to study the definition of "human being" in the Criminal Code.

Woodworth said his motion comes to a final vote in the House of Commons on Sept. 26, and would merely

strike a committee to study the issue, and open a "respectful dialogue" on what he argues is a pressing matter.

He argued it won't seek to write a new abortion law, but at the same time Woodworth claimed the current legal environment around abortion practices is "dishonest."

At a news conference, Woodworth challenged anyone claiming a fetus at eight or nine months gestation is not a child and asked, "Does abortion access really depend on that kind of fraud?"

TORSTAR NEWS SERVICE

Royals ask French court for injunction on nude Kate pics

Duchess of Cambridge. French and Italian gossip magazines that have published revealing spreads both owned by Berlusconi publisher

A French court was asked on Monday to halt further publication of topless photos of Prince William's wife Kate.

After hearing arguments by lawyers for the British royal couple and for the popular French gossip magazine Closer, the court said it would rule at noon today. The royal request was made after Closer printed 14 pictures of the partially clad Kate, the Duchess of Cambridge, in its pages last week.

On Monday, the Italian gossip magazine Chi — like Closer owned by Mondadori, the Italian publishing house owned by former Italian prime minister Silvio Berlus-



Kate Middleton
THE ASSOCIATED PRESS

coni — published a 26-page spread of photos of Kate without her swimsuit top. An Irish tabloid published more Kate topless photos over the weekend, drawing a vow from Ireland's justice minister to revise privacy laws there.

The photos in question show the Duchess of Cambridge relaxing during a holiday at a private villa in Provence, sometimes without her bathing suit top and, in one case, with her suit bottom partially pulled down to apply sun screen.

William's St. James's Palace called the publications of the photos a "grotesque" invasion of the couple's privacy. Lawyers for the royal couple argue that the photos amount to an invasion of privacy.

The royal couple's lawyer, Aurelien Hamelle, told the French court Monday that he is seeking 5,000 euros (\$6,400 US) in damages from Closer and an injunction forcing the magazine to stop publishing the issue with the photos. He also asked the court to fine Closer 10,000 euros (\$12,800) a day for each day the injunction is not respected, and 100,000 euros (\$128,000) if the photos are sold.

THE ASSOCIATED PRESS



Orangutan joins cancer fight

A Jungle Island volunteer comforts Peanut, one of the orangutans from a private zoo, as she is treated with R-CHOP therapy, a combination of drugs used in chemotherapy to treat her aggressive non-Hodgkin lymphoma in Miami. Human medical specialists are treading new ground in applying a standard chemotherapy regimen to treat cancer in the orangutans. The apes share about 96 per cent of a human's genetic makeup, and Peanut's treatment plan is closer to that of what a human would receive for the same type of cancer. PAT CARTER/THE ASSOCIATED PRESS

Ohio death row

Overweight inmate requests execution delay

A condemned Ohio inmate who weighs at least 480 pounds wants his upcoming execution delayed, saying his weight could lead to a "torturous and lingering death." Ronald Post shot and killed a hotel clerk in northern Ohio almost 30 years ago.

THE ASSOCIATED PRESS

Disrespectful outburst

EU Parliament member fined

How much does it cost to tell one of the EU's top officials he has "the charisma of a damp rag?" Apparently about 3,000 euros, or close to \$4,000 US.

In 2010, Nigel Farage, an anti-European Union member of the EU Parliament, rose following a speech by Herman Van Rompuy, the president of the European Council. Farage, a Briton, added that the former Belgian prime minister came from "pretty much a non-country." The Parliament docked Farage 2,980 euros. THE ASSOCIATED PRESS

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China scandal. Trial of former police chief begins with unexpected secrecy

A trial has begun in China for an ex-police chief at the centre of the country's worst political scandal in decades.

Court officials unexpectedly staged a closed-door hearing Monday, a day earlier than publicly announced.

Authorities justified the closed proceedings by saying "state secrets" were being discussed in the trial of Wang Lijun, who is charged with defection, abuse of power and other crimes.

"It was closed according to Chinese law because it involves state secrets," said defence lawyer Wang Yuncui, who is not related to her client.

On Tuesday, the court is scheduled to hold the previously announced public portion of the trial — though foreign media won't be allowed in — and the hearing is expected to go over allegations of bribe-taking and other charges.

The trial was the latest wrinkle in the bizarre months-long scandal that started when Wang fled to the U.S. Consulate in February and divulged the murder

Gang-buster

A career policeman of more than two decades, Wang Lijun made a name for himself as a gang-buster in a northeastern province where he met Bo Xilai, then a fast-rising politician.

- The two rode to national fame together, launching a high-profile sweep against organized crime in Chongqing, an inland megacity where Bo had been named party chief.

of a British businessman.

It resulted in the removal of his boss, senior politician Bo Xilai, from the communist leadership.

During his 33-hour stay at the consulate, Wang claimed that Bo's wife was involved in the murder.

Wang was apparently unable to get asylum in the U.S. Bo's wife was convicted of the murder, after she confessed in court.

THE ASSOCIATED PRESS

Obama program. Illegal immigrants swamp L.A. school district for records

Thousands of illegal immigrants have inundated America's second-largest school district with requests for copies of records that might qualify them for the Obama administration's Deferred Action for Childhood Arrivals program, the district said Monday.

Under the program, people who are 30 or younger will be allowed to stay in the United States and work for up to two years if they prove they've lived in this country continuously since June 2007.

Applications can be renewed every two years.

An estimated 200,000 cur-

rent and former students in the Los Angeles Unified School District might be eligible for the federal program.

"We looked at the birth years that this program covers and there were about 200,000 students that listed another country of origin," special assistant Lydia Ramos said. "We have probably the highest number of students who would be eligible for this."

Saul Berrera, 17, who was 10 when his mom brought him from El Salvador, said: "I feel like doors are opening up for me."

THE ASSOCIATED PRESS



U.S. President Barack Obama greets people at an election campaign event in Cincinnati, Ohio, on Monday. CAROLYN KASTER/THE ASSOCIATED PRESS

Vatican

Judge sets date for trial of Pope's former butler

Pope Benedict's ex-butler and another Vatican lay employee will go on trial next week in the theft of papal documents that exposed alleged corruption at the Holy See.

Judge Giuseppe Dalla Torre said Monday the first session would begin Saturday, Sept. 29.

Paolo Gabriele is accused of grand theft. Claudio Sciarpetti, a computer specialist in the Vatican, will be tried on a lesser charge.

THE ASSOCIATED PRESS

Shuttle's last journey

Endeavour still stuck in Florida

Space shuttle Endeavour apparently doesn't want to leave home.

NASA's youngest shuttle was supposed to depart Florida's Kennedy Space Center on Monday for its permanent museum home in Los Angeles. But stormy weather along the Gulf of Mexico nixed the plans.

NASA aimed for a Tuesday bon voyage but that ended up getting scrapped as well. Endeavour's departure is now set for Wednesday morning atop a modified jumbo jet.

THE ASSOCIATED PRESS

Newfoundland

New trial for dad in toddler deaths

A new trial has been ordered for a Newfoundland man convicted of drowning his twin daughters, age 3, in a lake. Nelson Hart was found guilty in 2007 of first-degree murder. On Monday the Court of Appeal ordered a new trial.

THE CANADIAN PRESS

Two new ads

Romney fights to regain ground

Mitt Romney is attempting to get back on solid footing amid reports of bitter infighting at his headquarters as Barack Obama edges past his Republican rival nationally and in several swing states.

THE ASSOCIATED PRESS

Hunger striker fears death

A prominent Cuban dissident completed her first week on a hunger strike with supporters saying her condition is worsening each day and they fear she might die.

Pro-government bloggers, meanwhile, denounced the strike as a sham.

Martha Beatriz Roque, 67, a state-trained economist

turned dissident leader, was in a "very delicate" condition, said Idania Yanez, a supporter who was standing vigil at her Havana home.

Roque, who suffers from diabetes, launched her strike on Sept. 10 and dissidents say she has been joined by more than two dozen others.

She is demanding that the

government release a little-known opposition prisoner.

One blogger noted that in a previous hunger strike Roque had reportedly received last rites, only to re-emerge healthy days later.

Two other Cuban opposition figures have died on hunger strikes in recent years. THE ASSOCIATED PRESS



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Natural gas: \$2.865 US (-7.8¢)
Dow Jones: 13,553.10 (-40.27)

Labour negotiations. CAW reaches agreement with Ford

The Canadian Auto Workers union struck a tentative four-year deal with Ford on Monday and extended talks with GM and Chrysler, putting off a threatened strike as a midnight deadline loomed.

"It's a damn good deal in these economic times," CAW president Ken Lewenza said of the Ford deal. "It is a damn good deal."

The agreement will give 800 laid off Ford employees the opportunity to get back to work, partially through the creation of 600 new jobs at its Canadian operations. Most of the new

positions will be at its Oakville, Ont., assembly plant in two stages of hiring, he said.

The union is asking Chrysler and GM to accept the deal as a pattern settlement. Talks with the two automakers continued Monday toward the midnight strike deadline. The CAW announced just before 9 p.m. eastern time that all sides agreed to continue talking — putting off the threatened midnight strike.

After the tentative deal was inked with Ford, Lewenza said the gap between the union and the two remaining companies was "wide." **THE CANADIAN PRESS**

Ring in a record: 2 million iPhone 5s ordered on first day

In stores Sept. 21. As demand exceeds initial supply, some devices are scheduled for delivery in October

Orders for the iPhone 5 topped two million in the first 24 hours after Apple started taking them at midnight Pacific time on Friday. That's more than double the number of iPhone 4S orders on its first full day.

The company also says that while most preorders will be delivered on Friday, demand for the iPhone 5 exceeds the initial supply, so some of the devices are scheduled for delivery in October.

The iPhone 5 has a bigger screen — four inches measured diagonally — that allows room for another row of icons, and widescreen movies to fit better. The calendar will now show five days at a time



The new Apple iPhone 5 is displayed on Sept. 12 in San Francisco.
ERIC RISBERG/THE ASSOCIATED PRESS

instead of just three. Previous iPhone models carried 3.5-inch screens. The phone is also thinner and weighs less than previous models.

The phone will be available at Apple stores in Canada on Friday, Sept. 21.

Earlier Monday AT&T Inc. said it set a sales record for the

iPhone 5, with customers ordering more of them than any previous iPhone model on the first day of orders and over the weekend.

Apple's stock added \$7 US to \$698.28 in morning trading after rising as high as \$699.54 earlier in the session.

THE ASSOCIATED PRESS

August figures

New mortgage rules lead to drop in home sales

Home sales declined 5.8 per cent across Canada from July to August, the largest month-over-month decline since June 2010, according to the Canadian Real Estate Association.

Actual sales activity was down almost nine per cent in August over a year earlier, "providing the first clear indication that the recent changes to mortgage regulations aimed at cooling the market are working as intended," said CREA chief economist Gregory Klump Monday.

"The broadly based decline in August sales activity suggests that some buyers may no longer qualify for a mortgage now that amortization periods of high ratio (less than 20 per cent down payment) mortgages have been shortened," he added.

House prices remained relatively stable across the country, posting increases of just 0.3 per cent on a year-over-year basis.

TORSTAR NEWS SERVICE

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SHE SAYS...
Jessica Napier
metronews.ca

I am not what you'd call an exhibitionist.

I didn't grow up in an underpants-only kind of household. When changing for gym class, I would awkwardly

wrestle into my sports bra while still wearing a sweater on top (believe me, this is actually not impossible). To this day, the first thing I will do in an unfurnished apartment is hang curtains.

While I might have a bit of a prudish attitude when it comes to my own public nudity, it takes just the briefest moment of browsing online to realize that there are plenty of women out there who have no problem exposing a little skin.

Not their fault

To argue that Middleton made a bad choice to go topless or that she 'should have known better' is akin to saying that she got what she deserved. The idea that a woman should be publicly shamed for things she chooses to do in private that are then illegally captured by trespassing photographers is insane (hi, Kristen Stewart).

The magazine's editor-in-chief defended the images, claiming they weren't lewd, but a beautiful intimate series of a young couple in love. Of course, this "tasteful montage" argument might be easier to swallow if the photos weren't captured by slimy paparazzi stalking the royals during what should have been a very private moment.

While many people expressed outrage at this extreme violation of privacy, I was horrified to see just how many people took to Twitter and online comment sections to unleash a barrage of hostility towards the duchess for having the audacity to act like a normal 30-year-old woman on vacation with her husband.

Nipples? Gasp!

To argue that Middleton made a bad choice to go topless or that she "should have known better" is akin to saying that she got what she deserved. The idea that a woman should be publicly shamed for things she chooses to do in private that are then illegally captured by trespassing photographers is insane (hi, Kristen Stewart).

The violation of Middleton's privacy and the furious responses that followed contribute to the archaic yet persistent notion that, as women, our bodies, more than anything else, are for display, to be looked at by men, by other women and, evidently, by telescopic lenses emerging from the shrubbery.

Follow Jessica Napier on
Twitter @MetroSheSays



Kate Middleton GETTY IMAGES

These two decades have 22 minutes



JEFF HARPER/METRO

East Coast humour

This Hour Has 22 Minutes marks 20th anniversary

Shaun Majumder and Cathy Jones film a pre-recorded section of This Hour Has 22 Minutes against a green screen at CBC's Bell Road studio in Halifax. The show is celebrating its 20th anniversary, which premieres Tuesday.

For Majumder, striving to "take the piss out of our own culture" will always be an important role for Canadian

comedians.

It's what the Gemini Award-winning actor sets out to do each week on the long-running CBC series that jeers Canadian politics and current events.

"We've got a perfect format to continue forever and ever, no matter how many people come in through the cast," said Majumder, who started on the show several years ago as a writer.

Some of the country's most highly acclaimed comedians have called the show home, including Rick Mercer, Colin Mochrie, Greg Thomey and Mary Walsh. **METRO**

Knee-slapping comedy

Rick Mercer makes for memorable TV

Who can forget the show's long-running Talking to Americans segment, where Rick Mercer set out to expose how little some Americans know about their Canadian neighbours.

Some truly memorable bits included getting Americans to congratulate Canada on legalizing VCRs or staplers.

Since its inaugural season in 1992, each show has been



Rick Mercer THE CANADIAN PRESS

written and produced within one week at the CBC building on Bell Road in Halifax.

Producer Peter McBain said 22 Minutes' East Coast home is important to its perspective on Canadian news. **METRO**



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and take the quick poll

What are you most hoping Parliament will focus on during the fall session?

50%
THE ECONOMY

0%
DIPLOMACY
ABROAD

38%
JETS AND
DEFENCE

12%
GETTING ALONG
WITH EACH OTHER

Twitter

@Sexeh_Jo:

Ever since I came back to #saskatoon I ran into this guy I once liked and after seeing each other we both stopped and stared... he's soo cute

Saskatoon greyhound station.
#onemillionhours

@raquelle306:

beautiful fall day in Saskatoon :D
#loveautumn

@umeimaris:

Beautiful drive along the South Saskatchewan River in #Saskatoon

@Trelle_B:

I know it was a little chilly in #yxe this morning, but I'm humming "Santa Claus is coming to town." #ChristmasinSeptember #tooeearly

@drelawson:

Set a new record for sitting at the

DVD reviews



The Cabin in the Woods

Director. Drew Goddard

Stars. Kristen Connolly, Chris Hemsworth, Anna Hutchison

To say *The Cabin in the Woods* isn't your average horror movie is like observing that King Kong isn't your average ape. Even when major plot twists are revealed — as the trailers do — there are so many others left, you have no reason to scream “spoiler!” That said, you don't want to know too much in advance about this feature directing debut of Cloverfield writer Drew Goddard. He shares screenwriting credits with fellow genre subverter Joss Whedon. Better you should be as naïve as are most of our five cabin-bound college kids, one of them played by a pre-Thor Chris Hemsworth. The film's internal logic may not stand up to close scrutiny, but the intent behind it is rock solid: a horror show that would have impressed even the ancient Greeks, both their warriors and their philosophers.

PETER HOWELL

The Woman in the Fifth

Director. Pawel Pawlikowski

Stars. Ethan Hawke, Kristin Scott Thomas, Joanna Kulig

Ethan Hawke and Kristin Scott Thomas meet in the shadow of the Eiffel Tower in *The Woman in the Fifth*, but that's about as conventional as this stimulating Paris psycho-drama gets. Hawke's sullen Tom, an American novelist consumed by doubt and misfortune, chats with Thomas's mysterious Margit, a translator who seems to include mind-reading among her many talents. The likely touchstone for writer/director Pawel Pawlikowski is the work of fellow Polish director Roman Polanski. We are never sure if what we are seeing is actually happening, including the nature scenes that Pawlikowski interjects as contrast to the urban jungle.

PETER HOWELL

Ode to TV: The shows that inspired the stars

Emmy Awards.

Nominees share their memories of television classics, from *Bonanza* to *MASH* and wanting to become a Huxtable

Long before Kevin Costner, Bryan Cranston, Christina Hendricks and Nicole Kidman were Emmy nominees, they were kids who loved watching TV.

“I liked *Man from Uncle* and *High Chaparral*,” Costner said.

“I really, really liked that when I was a kid.”

“I remember the transition from black-and-white to colour,” continued Costner, who is nominated as both star and producer of the TV movie *Hatfields & McCoy*s.

“It's like one by one the televisions in my neighbourhood became colour TVs and we would all go look at each other's colour TVs and ooh and aah at *Bonanza*. I'm kind of glad I saw it all, in a way. I remember the TV would shut off at 11 and just play the national anthem all night long.”

Cranston, who is nominated for his role on *Breaking Bad* — which won him the Emmy Award three years in a row, grew up on *The Andy Griffith Show*.

“I love the character of Barney: Classic comic character of the absolute confident man with no ability whatsoever. Always funny. The calm and comforting tones of Andy Griffith, who we lost recently,” the actor said.

“I think there was just something very sweet and comforting about watching that show, and the simplicity of the lifestyle and a days-gone-by kind of thing.”

Hendricks, nominated for the third consecutive time for her supporting role in *Mad Men*, said her all-time favourites were *MASH* and *Northern Exposure*.

“Both of them had a sense of real community and camaraderie among the cast, a sense of friendship in this world that I remember responding to,” she said.

Mayim Bialik of *The Big Bang Theory* was also a *Northern Exposure* fan.

“They had every kind of possible character,” said the actress, who remembered watching the show while starring on *Blossom*.

“I would have loved to be anything on *Northern*



Nicole Kidman. THE ASSOCIATED PRESS



Christina Hendricks
THE ASSOCIATED PRESS



Bryan Cranston
THE ASSOCIATED PRESS



Kevin Costner THE ASSOCIATED PRESS

Exposure, but mostly Rob Morrow's love interest. That would have been my choice.”

Quoted

“I would have to be a fictional cousin, because ... I don't think the Huxtables needed any more children. But, listen, if Denise needed a best friend to go shopping with, that's who I would be.”

Maya Rudolph, who is nominated for an Emmy for hosting *Saturday Night Live*, on her desire to be part of *The Cosby Show*'s Huxtable family.

Kidman, a first-time Emmy nominee for her lead role in the TV movie *Hemingway & Gellhorn*, said she

The Emmy Awards

The Primetime Emmy Awards will be presented on Sept. 23 at the Nokia Theatre and broadcast live on ABC.

was raised on *The Brady Bunch* and *Bewitched*.

“Growing up in Australia, the mini series was such a big, big thing. It was something that launched my career because I did mini series in Australia,” she said.

“I did a thing called *Bangkok Hilton* and one called *Vietnam*, which was on the Vietnam War in the '60s and was a hugely rated show.

“That was my big break, really, as an actor.”

Sarah Paulson, nominated for her supporting work in the TV movie *Game Change*, loved *Who's the Boss?*

“Angela and Tony were who I wanted to be when I grew up. I wanted to have that relationship,” she said.

“I watched a lot of television growing up and they were like my surrogate parents. Angela and Tony. I loved 'em.”

Jesse Tyler Ferguson, Maya Rudolph and Zooey Deschanel were all fans of *The Cosby Show*. Ferguson and Rudolph even dreamed of joining the family.

“It felt very familiar,” the *Modern Family* actor said, “and I wanted desperately to be a part of that family.”

Rudolph, nominated for hosting *Saturday Night Live*, said if she were to join the show, “I would have to be a fictional cousin, because I don't think they needed any more children.

“I don't think the Huxtables needed any more children.

“But, listen, if Denise needed a best friend to go shopping with, that's who I would be.”

Julia Louis-Dreyfus, a 14-time Emmy nominee and two-time winner, wants to bring back her favourite show from childhood: *Flipper*.

“Talking dolphin. How can you beat it?” she said.

“Well, sort of talking. It communicated. A dolphin who beats the bad guy every week.

“I think we should redo that.

“I think I'm going to pitch that. That's my new HBO show: *Flipper: Part II*.”

THE ASSOCIATED PRESS

2 SCENE

On the web



Keira Knightley to Vogue: I had no life besides acting.

Qrikel



Chris Brown

'Warning: Do not buy this album! ...'

Chris Brown may have trouble moving copies of his new album, *Fortune*, thanks to one record store chain's interesting warnings.

At London locations of

HMV, copies of Brown's CDs have reportedly been affixed stickers that read, "Warning: Do not buy this album! This man beats women," according to *Hollyscoop*.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Even millionaires get the blues



THE WORD
Dorothy Robinson
scene@metronews.ca

Life is so hard for millionaire Miley Cyrus.

The starlet got a bit mopey the other night with a series of introspective (stoned?) posts to Twitter, causing fans to worry about her happiness.

"Ever feel like you want just ... something more? Not sure what exactly. Passion perhaps?" she tweeted.

"Sometimes I feel like I love everyone more than they love me. Hate that feeling. Maybe it's not that they love you less. They just love you the most they are ca-



pable of loving." But Cyrus was quick to clear up any confusion over the state of her engagement to Liam Hemsworth, posting, "No, there is not trouble in paradise."

Anyone else read this and picture Miley writing this while gazing wistfully out the window while a lone tear streaks down her face, coming to rest on her \$1,000 intentionally distressed Marc Jacobs sweater?

Minaj, Urban join Mariah Carey as Idol judges

The new lineup for the 12th season of *American Idol* is in place, with singers Nicki Minaj and Keith Urban joining already hired Mariah Carey.

And original judge Randy Jackson — the only holdover from last season — will keep his spot on the panel.

The news was announced on the reality show's Twitter account.

Urban had quit his gig as a judge on the Australian version of *The Voice* last week, prompting speculation that he had in fact signed on for "Idol."

There's no word yet on what Minaj and Urban will be making, but chances are it won't be as much as Carey, who earns a reported \$16 million for one season of the show.

Twitter



@SandraBernhard

the #x-factor watched it standing up just long enough to catch the tiny beiber look alike get much love from #britneyspears heart wrenching



@ParisHilton

Life only comes around once. So do whatever makes you happy & be with whoever makes you smile.



@JonahHill

Listening to Necro for the first time since high school while pulling an all Nighter on Wolf Of Wall Street. Starting to get loopy.



@SethMacFarlane

You kids don't remember, but once there were sitcoms about something other than gay guys.

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Best Health



How to boost metabolism



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Want to keep your body burning fat and calories all day long? In the October issue of Best Health magazine, on newsstands now, regular contributor Dr. Susan Biali offers 10 strategies for boosting metabolism. Here are four of them.

1. Enjoy coffee or green tea.

Your morning cup of joe gives your calorie burn a boost for up to two hours. Green tea is a powerful metabolism stimulator, too; drinking it frequently can help to accelerate weight loss.

2. Get enough sleep.

Less than seven hours of sleep a night messes with metabolism-regulating hormones. If you're sleep-deprived, you process carbs less efficiently, and that increases your risk of obesity.

3. Eat more protein.

A 2012 study found that people who ate more protein had a higher resting metabolic rate. Women often don't get enough, so have some lean protein such as fish, chicken or eggs with every meal and enjoy protein-rich snacks such as a handful of almonds.

4. Add chili peppers.

Capsaicin in chili peppers stimulates your nervous system and improves your metabolism after meals. Adding chili to foods also curbs your appetite, so you'll eat less. These benefits are maximized if chilies are eaten regularly, so find ways to spice up your life.

For the other six ways to boost metabolism, pick up the latest issue of Best Health, on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO BESTHEALTHMAG.COM/METRONWS



Summer is over so it's time to get rid of that BBQ bulge. ISTOCK PHOTOS

Bust that BBQ bulge with these workouts

Summer is over. It's time to work off those extra steaks that you and friends chowed down on during the sunny months

MEREDITH ENGEL
Metro World News

As summer winds down, you're likely done trying to get your bikini body or Phelps-like abs. But that doesn't mean you should go hide in sweats for the next nine months. We enlisted Adam Rosante, celeb fitness trainer and founder of The People's Bootcamp, which offers pay-what-you-can classes in New York, to give us some moves to get you fit for fall.

Why these specific exercises? "(These) exercises target almost every single muscle in the body," Rosante says.

Perform each exercise for 40 seconds with 10 seconds of rest between each move. After you've completed all of them, that's one cycle. Rest for 60 seconds, then repeat. Perform the cycle three times. Be sure to keep your core tight

Bird-dog push-ups

Start in a push-up position with your hands directly below your shoulders to begin with.

- **Exercise.** Perform a push-up. At the top of the motion, extend your right

arm and left leg to form a straight line from fingertip to heel. Return them both. Perform another push-up and repeat the arm and leg movement on the opposite side. Continue alternating for 40 seconds.

throughout the entire workout.

Warm-up

Stay away from the long stretches, Rosante says.

"To just jump right into a long, static stretch is a good way to tear the muscle or fatigue it to a point where you then injure yourself during the workout. You just want to move around and really get the blood flowing. It creates pliability and elasticity in the muscles. Then afterwards, you get into that static, long stretch cool down. That will elongate those muscles and help prevent them from tightening up and becoming short and constricted, so you get a nice long, lean body."

What counts as a good warm-up? Jogging in place for 20 seconds, 20 to 30 seconds of jumping jacks and some

torso twists.

"Anything you can do to get your body moving in a functional way," he says.

Power thrusts

Stand with feet hip-width apart. Squat until thighs are almost parallel to the floor, then place your hands on the floor in front of you. Kick your feet back to a push-up position. Immediately return your feet to the squat position and jump straight up as high as you can, reaching the fingertips up and bringing the knees to the chest. Land with soft knees and immediately drop back into a squat. Continue the sequence for 40 seconds.

Push-outs

Start in a push-up position with hands directly below your shoulders. Perform a

push-up. At the top of the motion, lift the left hand up and bring it out about a foot to the left on the ground. Perform another push-up with staggered hands. At the top of the motion, explode the left hand back to normal push-up position. Do another push-up. Repeat the move with the right hand. Continue, alternating for 40 seconds.

Scissor switches

Stand with your right foot forward and left foot back. Keeping your torso upright, lower yourself into a lunge until your left knee is bent and your right thigh is parallel to the ground. Jump up and scissor your legs mid-air to land down with soft knees in a lunge with your left foot forward and your right leg back. Continue alternating for 40 seconds.

Power kicks

Stand with your feet hip-width apart. Bring your fists up just below your chin. Now, open up the chest and pull the shoulders down the back. Alternate waist-high front kicks, springing softly from foot to foot so you're never on more than one foot at a time. Continue alternating for 40 seconds.

3 FREE

On the web



Qriket

Salt-high blood pressure link may be stronger in overweight kids, U.S. government study suggests

Final bite of summer flavour



This recipe serves four. RYAN SZULC, FROM REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)



ROSE REISMAN
for more, visit
rosereisman.com

This is the salad to make when corn is at its ripest.

I always look for small white and yellow kernels on cobs that have been picked that day if possible.

You'll have to go to a local farmers' market. It's well worth the trip.

If you want to make this salad year round, buy canned or frozen corn niblets and sauté about 2 cups in a skillet just until browned.

1. Lightly coat a grill pan with cooking spray and set over medium-high heat, or heat your barbecue to medium-high heat. Grill corn cobs about 5 minutes, or until corn be-

Nutritional analysis

Per serving

159 calories; 4 g protein;
17 g carbohydrates; 2.9
g fibre; 9 g fat; 1 g satur-
ated fat; 0 mg cholest-
terol; 168 mg sodium

gins to brown. Using a sharp knife, slice the niblets off of the cobs and place in a bowl.

2. Add red onion, roasted red pepper and basil to corn and stir to combine.

3. To prepare dressing, whisk olive oil, cider vinegar, jalapeño, garlic, salt and pepper. Pour dressing over salad and toss to combine. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**
BY ROSE REISMAN

Ingredients

Salad

- 3 fresh cobs of corn
- 1/2 cup diced red onion
- 1/2 cup diced roasted red pepper
- 1/2 cup chopped fresh basil

Dressing

- 2 tbsp olive oil
- 1 tbsp apple cider vinegar
- 1 1/2 tsp finely chopped jalapeño pepper
- 1 tsp finely chopped garlic
- pinch of salt and pepper

Health Solutions

Better ways to sweeten up



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Our bodies are not meant to process the intense sweetness of processed sugar. They are made to pull out the natural sugars that come along with other nutrients like the minerals in fruit and the fibre in whole grains.

If we remove the minerals and fibre, the pancreas goes into overdrive and chugs out more insulin than the body knows what to do with. What you really want to do is reduce the amount of sugar in your diet overall.

Then you want to change the type of sweetening to be sure that if you are eating it, it at least offers some other benefit.

Here are the better ways to sweeten up.

- Unpasteurized honey has antimicrobial and

antibacterial qualities that have been shown to soothe coughs and sore throats.

- Pure maple syrup (not artificially flavoured brands) contains trace minerals.

- Stevia is a no-calorie sweetener derived from an herb.

The trick is to train your taste buds to need less and less over time. Along the way, try choose something that offers even a little bit more than sweetness.

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Grated carrots take the lead in simple salad

Refreshing and simple, this Grated Carrot Salad with Dates and Pistachios is a great and healthy end-of-summer dish.

Shredded carrots are wonderful in a salad. All they need is some Middle Eastern flavouring — paprika and cumin — and a spritz of lemon to balance their natural sweetness. Enhance this basic line-up with a little honey and chopped dates.

1. In skillet over medium-low, heat oil. Add cumin seeds and cook, swirling pan occasionally, until they turn a shade darker and become fragrant, about 4 minutes. Remove the pan from the heat and stir in the paprika and the honey. Let the mixture cool to room temperature.

2. Meanwhile, coarsely grate the carrots, preferably using the coarse grating disk on a food processor. In a large bowl, toss the carrots with the cooled oil-cumin mixture, the dates, lemon juice, pistachios and salt, using your hands to incorporate the dates. Stir in the mint just before serving. **THE ASSOCIATED PRESS/ SARA MOULTON OF TV'S SARA'S WEEKNIGHT MEALS AND AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.**



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 3 tbsp extra-virgin olive oil
- 1 tsp whole cumin seeds
- 1 tsp paprika, sweet, hot or smoked, or a combination
- 1 tsp honey
- 1 lb carrots
- 1/4 cup chopped pitted dates

- (about 4 whole)
- 2 tbsp fresh lemon juice
- 1/3 cup shelled natural pistachios, walnuts or almonds, chopped
- 1/2 tsp kosher salt
- 1 tbsp shredded fresh mint

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Get ahead this holiday season by planning ahead



The vicious cycle of debt can be broken if you take the time to plan ahead. ISTOCK IMAGES

Alison's Money Rule. Plan now to break habit of overspending during Christmas



YOUR MONEY
Alison Griffiths
money@metronews.ca

Good news! The Canadian Payroll Association's annual survey found that fewer of us would be in financial difficulty this year if a pay cheque was delayed — 57 per cent compared to 47 per cent in 2011.

Now for the bad news! The fact that nearly half of all Canadians would still face severe problems, coupled with record family debt loads spells trouble. It means that any financial emergencies (and life does throw them at us) would have to be paid through greater debt.

The vicious cycle of debt can be broken. But in order to get ahead you have to plan

ahead.

Take the holiday season, for example. Canadians spend about \$600 to \$800 on gifts and that much again on food, decorating and entertaining.

Surveys show that Canadians want to spend less but lack of planning and last minute shopping keep tipping us over budget.

There are 14 weeks until Christmas. You'll cut your holiday spending drastically if you create a plan.

1. Go light on the list

Do your holiday list right now and slash it by half, at least. Cards, letters and phone calls are a wonderful substitute.

2. Re-gift

Ten per cent of Canadians give presents they know that the recipient won't like. Go through your house and see what you can find.

Also, create a re-gift box and add to it throughout the rest of the year.

3. Use points

Cash in loyalty points for mov-

In numbers

30%

Thirty per cent of Canadians do most of their holiday shopping in the 10 days before Christmas.

ie coupons or gift certificates.

4. No gift zones

Extended family members might be happy not to get a present if they don't have to give one.

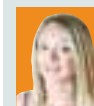
Also have your kids make cards for teachers, coaches, tutors, etc. They'll appreciate the effort more than a drug-store soap set.

5. Go with gift baskets

Plan them now and add items during sales. It is actually very enjoyable if you aren't stressed and doing it last minute.

Three years ago a beloved dog died and a friend dropped off a basket with winter greenery, homemade jam and a couple of biscuits to cheer up our other dog. Perfect.

Hacked! Learn some anti-fraud practices



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

While on a fabulous European vacation last week, my social media accounts were hacked. The fraudster used a free 'secure' Wi-Fi zone at my hotel to pry into my private information.

Unfortunately, hundreds of fake emails and direct messages were sent out under my name and my business VISA account was compromised before I became aware of the issue.

I always take careful precautions to protect my private information, but I've learned from this experience that I need to step up my anti-fraud efforts.

Hands down, the best way to protect against fraud is to prevent it from happening in the first place using common sense and adopting some anti-fraud best practices.

Use secured wireless networks when you access the Internet. I could have potentially prevented my fraud ex-

perience by avoiding signing into my accounts while on an unfamiliar server.

I also made the mistake of not logging off my accounts immediately when I was finished. When I reported my fraud, the very first thing I had to do was reset my passwords and make them more complex. As a best practice, change your passwords regularly (every few months). Ensure the password is difficult for fraudsters to guess and contains a combination of numbers and letter.

Filter out bogus emails and phone calls. If you receive unsolicited email requests for information or even to click on an unfamiliar link, verify the message and sender using a third party unrelated to the message.

If you don't recognize a phone number, don't pick it up. Legitimate people will leave a message. When shopping online, ensure payment websites are secure. If you're not sure it is, call the company that makes the product directly and talk to customer service manager.

Last, check your credit score at least once a year to see that there are no errors or items you don't recognize.

If you discover a problem, contact the credit bureau immediately and bring in law enforcement if you believe you've been defrauded.

Single? It may be unhealthy for you

Study. Researchers in Sweden find that single men are least likely to believe they could influence their own health

CELIA MILNE
For Metro

Ever noticed single men don't seem to care about their health? It's not your imagination.

A large study in Sweden has found that men who don't live with a mate are less likely to believe they can influence their own health. As a group, they are less motivated than others.

Researchers studied 28,198 men and women between the ages of 18 and 80 to find out whether they possessed a social factor called "internal health locus of control" which essentially means a belief that your behaviour influences your health. They found 33.7 per cent of the men and 31.8 per cent of the women lacked internal health locus of control.

Single men living alone



OK there Columbo, you know smoking is bad for you, right? ISTOCK

were the least likely to believe they could influence their own health through things like eating a healthy diet, exercising regularly, not smoking and keeping alcohol consumption

under control. Men and women who were widows also scored fairly low on the tests.

Yet these healthy behaviours are known to help prevent cardiovascular dis-

ease, diabetes and some forms of cancer.

"Marital status affects health locus of control," says Martin Lindström, a professor of social medicine at Lund University in

Malmö, Sweden.

He believes this finding is important for policy makers as they design messages to promote healthy behaviour.

While the study was con-

ducted in a Swedish population, it may be applicable to Canada.

"Health promotion should particularly consider some marital status groups," he added.

Future uncertain for locked-out free agents

NHL. Work stoppage puts careers on hold and deters deals for unrestricted players

Two and a half months after becoming an unrestricted free agent, Kennal McArdle is still waiting for the phone to ring.

And with the NHL in a lockout, it's unlikely he'll be getting contract offers any time soon.

The long wait "is something that can be frustrating, because the unrestricted free agent market is a lot smaller this summer because of the lockout," said McArdle, a 25-year-old Toronto native who grew up in Burnaby, B.C.

"There's more worrying and more uncertainty in your life. For a lot of us, hockey is our livelihood, and the uncertainty increases the amount of stress in your life. So it's been a long summer, to say the least."

McArdle is among a large group of unsigned players, young and old alike, who are waiting for the next collective bargaining agreement to determine where they will play.

Theoretically, McArdle and his contemporaries have time on their side and should be able to rebound from the lockout's impact on their careers — but

the older players do not.

McArdle spent 2011-12 with the Winnipeg Jets organization, suiting up for nine NHL games. Once considered a can't-miss kid, the winger is concerned the lockout will enable a new group of prospects to make their marks in the minors, and threaten his job security.

"It gives the young guys, or the guys that are coming up, another year to mature, another year to get ready, especially with the guys who will continue to play in the American Hockey League," said McArdle. "It can help them to propel themselves up to the next level."

McArdle's agent Kevin Epp predicts there will be a "big rush" of signings once a new collective agreement is reached.

Clubs that are close to the old cap have delayed signings until the new financial framework is set. Consequently, many players and agents are in wait-and-see mode.

"It's funny when you talk to (players), because they only know what we tell them — and we don't know a lot if nobody (at the CBA negotiating table) is doing anything," Epp said. "It's just (respecting) what history has shown us, and (understanding) how we have to be patient."

THE CANADIAN PRESS

Quoted

"The current (unrestricted free agents) are in limbo because the first wave was signed and now everybody's waiting to see what the cap number will be."

Agent J.P. Barry

MLB. Jays looking into reported homophobic slur on Escobar's eye-black

The Toronto Blue Jays say they're looking into reports that shortstop Yunel Escobar played Saturday's game against Boston with a homophobic slur written in Spanish under his eyes.

Several pictures posted online show Escobar with the message written in his eye-black, a type of sticker players wear under their eyes to reduce the sun's glare.

The words under the 29-year-old Cuban's eyes were "TU ERE MARICON" which can be translated as "You are a faggot."

"The Toronto Blue Jays do not support discrimination of any kind nor condone the message displayed by Yunel Escobar during Saturday's game," the team said in a



Jays shortstop Yunel Escobar at Rogers Centre on Saturday.
GETTY IMAGES FILE

statement.

"The club takes this situation seriously and is investigating the matter."

THE CANADIAN PRESS



Former Canadiens players Mathieu Darche, left, and Steve Begin arrive for an informal training session at the Habs' practice facility on Monday in Brossard, Que. GRAHAM HUGHES/THE CANADIAN PRESS

NHL

Habs players lead major exodus to minor league

The Montreal Canadiens have assigned 21 players, including forwards Blake Geoffrion and Louis Leblanc, to the American Hockey

League's Hamilton Bulldogs.

The move comes after the NHL locked out its players on Saturday.

The Canadiens also assigned forwards Alexander Avtsin, Alain Berger, Michael Blunden, Michael Bournival, Gabriel Dumont, Brendan Gallagher, Patrick Holland, Philippe Lefebvre, Joonas Nattinen, Steven Quailer and

Ian Schultz.

Defencemen Nathan Beaulieu, Morgan Ellis, Brendon Nash, Greg Pateryn, Joe Stejskal and Jarred Tinordi and goaltenders Peter Delmas and Robert Mayer will also suit up for Hamilton.

All the players assigned are on two-way, entry-level contracts.

THE CANADIAN PRESS

NHL

Wild get creative to keep ticket holders on board

The Minnesota Wild are offering season ticket holders 10 per cent interest in return if they keep their accounts paid in full during the NHL lockout and don't request a refund.

The Wild announced Monday they'll credit those season ticket holders for any cancelled games, plus 10 per cent interest on the dollar value of tickets for the lost games. That can be applied toward future games or subsequent season renewals. Credit will be issued when a new collective bargaining agreement is reached between the owners and players. THE ASSOCIATED PRESS

MLB. White Sox make Tigers pay for errant throw

Omar Infante's throwing error on a potential double play helped Chicago score two runs Monday and the White Sox beat the Detroit Tigers 5-4 in a pivotal makeup game.

Chicago increased its lead in the AL Central to three games with its fourth straight win.

It was the final meeting of the season between the two front runners in the division.

Trailing 4-3, the White Sox

loaded the bases in the fifth, driving out Detroit starter Doug Fister (9-9).

When Dayan Viciedo hit a one-out grounder to short, the Tigers tried to turn the inning-ending double play, but Alex Rios slid hard into second baseman Infante and forced an errant throw that got by Prince Fielder as two runs scored, giving Chicago the lead.

THE ASSOCIATED PRESS



The White Sox celebrate Monday's win. JONATHAN DANIEL/GETTY IMAGES

Mobile sports



Qriket

Questionable calls by replacement officials in Week 2 are not sitting well with players and coaches around the NFL. Some are fuming and others wonder if the league is concerned about the integrity of the game.

Horoscopes

Aries

March 21 - April 20
The only worry now is that so many things are going well for you that you take too much for granted and end up making some kind of silly mistake. Watch out for little things that might trip you up.

Taurus

April 21 - May 21
Act quickly if you have a good idea or see an opening that others appear to have missed. Pluto's positive influence means it's OK to be forceful when dealing with others, as long as you have a specific goal.

Gemini

May 22 - June 21
The current cosmic set-up will make it easy for you to find extra cash if you need it, but you've still got to make an effort. Yes, you might win the lottery but be reasonable, the chances are slim.

Cancer

June 22 - July 23
The planets indicate that whatever has gone out of your life over the past few months will be replaced by something infinitely better over the next few weeks. Think positive and positive things are sure to happen.

Leo

July 24 - Aug. 23
Steer clear of people who display negative attitudes, even if they are people to whom you are close emotionally. You have important things to take care of today, things that make a positive outlook a must.

Virgo

Aug. 24 - Sept. 23
With Pluto, planet of passion, turning direct in the area of your chart that governs affairs of the heart, this is the ideal time to let that special person know how you feel about them. Don't just say it — show it.

Libra

Sept. 24 - Oct. 23
Whatever happens today, be it good, bad or indifferent, you will handle it with courage and confidence. This is an especially good time to make decisions about family issues. Let your intuition guide your actions.

Scorpio

Oct. 24 - Nov. 22
No matter how well you think you are doing, you should be doing even better. Set your sights high and don't rest until you have realized your dream. You can't just sit back and let life come to you.

Sagittarius

Nov. 23 - Dec. 21
You may be tempted to take drastic measures to put right a financial issue that has been worrying you — and that's exactly what you should do. You have more to gain than you have to lose.

Capricorn

Dec. 22 - Jan. 20
Don't waste your precious time seeking other people's approval, just get on and do what needs to be done. Not everyone will agree with your aims, and fewer still with your tactics, but why do you care?

Aquarius

Jan. 21 - Feb. 19
As much as possible, try to convince others to go along with your plans rather than force them to do as you say. Just because you have the power to order people about does not mean you have to use it.

Pisces

Feb. 20 - March 20
You will perform miracles today. No matter how difficult the task you are faced with, you will find a way to make a success of it. Friends and rivals alike will praise you for a job well done. **SALLY BROMPTON**

Crossword: A Few PMs

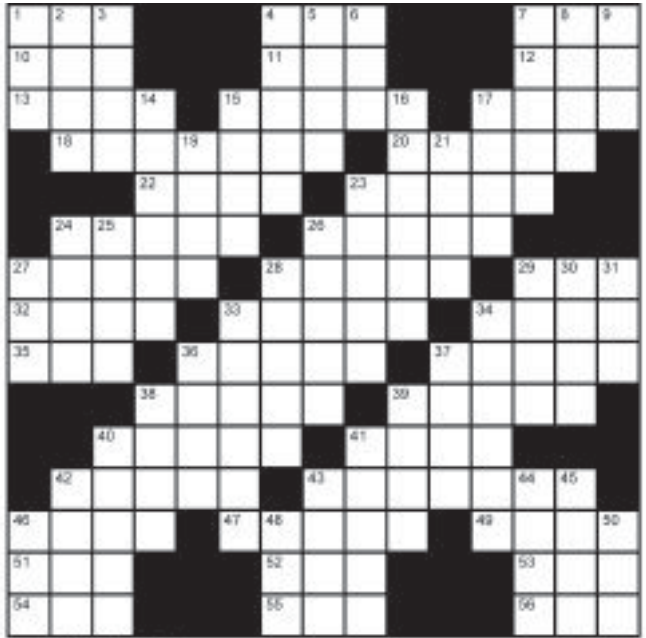
Across

- Likely
- CBS forensic drama
- Canadian pals
- Cow sound
- Ad ___ committee
- Evolutionary time period
- Vassal
- PM St. Laurent
- Pack away
- ___ Canadian (beer)
- Scarborough, Ontario-born Austin Powers player Mike
- "I should be sleeping like ___": line from "A Hard Day's Night" (2 wds.)
- Portion
- Sys ___: computer department VIP
- ___ once: suddenly (2 wds.)
- Towelled off
- Secret agents
- Obsolete TV program saver, for short
- Some August babies
- Gives a darn
- Will beneficiary
- Bond creator Fleming
- Had the courage to try
- Tosses
- Pop trio brothers
- Liberal or Conservative ___
- ___ and the whale
- Pile
- Got in shape, with "up"
- R.B. ___: 11th Prime Minister, who moved to Calgary in 1897, which became his political base
- BMW subcompact

model taken over from Rover in 2000
47. Years and years
49. Toronto-based "Tom Sawyer" group
51. "___ Maria"
52. "I got an ___ the test": "I aced it" (2 wds.)
53. Scottish "no"
54. Windows 7 or Mac OS X: acronym
55. Can. neighbour
56. Elbow's locale

Down

- Morning times, for short
- Bard's creation
- Matador's opponent
- Cheech's Edmonton-born partner
- Under: Fr.
- Here: Fr.
- 39.37 inches
- Amateurs' opposites
- Observed
- Calgary team
- Bird that gives its name to the \$1 coin
- Happy expressions
- Hutterites or Menonites
- Skidded
- Affirmations
- Carried on, as a trade
- Field
- Edmonton-born Maple Leaf Phaneuf
- After: Fr.
- 551 on a monument
- NS-born singer McLachlan
- Bulletproof garment
- Québec ___



- Monopoly has 4: abbr.
- "O" follower
- 22nd PM, whose riding also is in Calgary
- Finished
- James ___: TV's *Las Vegas* star
- ___ Mitchell: Fort Macleod, Alberta-born writer of Crosby, Stills, Nash & Young hit "Woodstock"
- Writes
- James Earl or Tommy Lee
- Auburn dye
- DVR pioneer
- Heckles
- Albacore in a can
- Russian leader before 1917
- Angry
- ___ de Cologne
- Bottom seam

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Today

21°/5°
Partly cloudy

Wednesday

17°/5°
Partly cloudy

Know what the weather will be 14 days from now. Check the 14-day trend.

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easy

hard



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